

Dale Paula Teplitz, M.A. - EFTU Training CEU Information

General Information and Requirements

Two day classes taught by Dale Teplitz, M.A., offer 12 CEUs for California MFTs/LCSWs. Dale is approved as a California Board of Behavioral Sciences CEU Provider, Provider # PCE340; these courses meet the qualifications for 12 hours of continuing education for MFTs/LCSWs as required by the California Board of Behavioral Sciences.

CEUs are only available for California MFTs/LCSWs, not psychologists, MDs or RNs. Cancellations 30 days or more prior to the workshop date will receive a full refund less a 10% administrative fee.

Psychotherapists who want the CEUs for a workshop should email Dale at info@efttappingexpert.com that they plan to receive CEUs by sending an email with the subject line EFT workshop (date) and CEUs. Please include your name and license # in the email.

Bring your professional license #. You will receive a CEU certificate for 12 CEUs at the end of the workshop.

The workshop schedules are 9 – 5 each day. There will be a 15 minute break mid-morning, an hour and a half for lunch starting at approximately 12:30pm and a 15 minute break and mid-afternoon.

Course Content and Learning Objectives

The course content is described on the webpage:

TOPICS COVERED IN THE THREE LEVELS OF EFT TRAINING:

http://eftuniverse.com/index.php?option=com_content&view=article&id=2535&Itemid=2157

The learning objectives for the Level One class include that participants will be able to:

1. Explain and administer the basic EFT treatment protocol.
2. Demonstrate how to use EFT to decrease emotional disturbance from fears, stress, anxiety, anger, sadness and disturbing memories.
3. Explain multiple theories for the effectiveness of EFT.
4. Articulate and utilize the importance of being specific in successful EFT.
5. Articulate alternatives to utilize when EFT doesn't seem to work.

The learning objectives for the Level Two class include that participants will be able to:

1. Explain gentle techniques for dealing with issues with emotional intensity.
2. Demonstrate how to use EFT to address limiting beliefs.
3. Articulate questions to use to uncover core issues.
4. Explain how to use EFT with groups.